



Ayurvedic Health Counselor (2020-2021)

Course begins August 1st, 2020

Classes meet every 1st and 3rd weekend of the month from 9am to 4pm

SA1101	Foundations of Ayurveda (Padartha Vignyan)	August 1, 2 – 16, 17
SA1102	Ayurvedic Anatomy & Physiology I (Dosha / Dhatu/Mala Vignyan)	September 5, 6 – 20,21
SA1103	Ayurvedic Anatomy & Physiology II (Dosha / Dhatu / Mala Vignyan)	October 3, 4 – 18, 19
SA1104	Ayurvedic Constitutional Evaluation	November 7,8 – 22, 23
SA1105	Preventive Care in Ayurveda I / Concepts of Routine (Swastha Vrittal/Dinacarya / Ritucarya)	December 5, 6 – 19, 20
SA1106	Preventive Care in Ayurveda III/ Ayurvedic Nutrition (Swastha Vritta)	January 2, 3 – 16, 17
	Trip to India	February
SA1107	Ayurvedic Detoxification (Panchakarma)	March 6, 7 – 20, 21
SA1108	Fundamentals of Ayurvedic Herbology & Pharmacy I	April 3, 4 – 17, 18
SA1109	Fundamentals of Ayurvedic Herbology & Pharmacy II (Bhaisajya Kalpana & Dravya Guna Karma)	May 1, 2 – 15, 16
SA1110	Ayurvedic Psychology (Manas Shastra)	June 5, 6 – 19, 20
SA1111	Preventive Care in Ayurveda III (Swatha Vritta / Yoga)	July 3, 4 – 17, 18
SA1112	Ayurvedic Wellness Solutions & Integration of Practice	August 7, 8 – 21, 22