



Ayurvedic Health Counselor (2024-2025)

Course begins October 5th, 2024

Classes meet every 1st and 3rd weekend of the month from 9am to 4pm

SA1101	Foundations of Ayurveda (Padartha Vignyan)	October 5-6, 19-20
SA1102	Ayurvedic Anatomy & Physiology I (Dosha / Dhatu/Mala Vignyan)	November 2-3, 16-17
SA1103	Ayurvedic Anatomy & Physiology II (Dosha / Dhatu / Mala Vignyan)	December 7-8, 21-22
SA1104	Ayurvedic Constitutional Evaluation	January 4-5, 18-19 (2025)
SA1105	Preventive Care in Ayurveda I / Concepts of Routine (Swastha Vrittal/Dinacarya / Ritucarya)	February 1-2, 15-16
SA1106	Preventive Care in Ayurveda III/ Ayurvedic Nutrition (Swastha Vritta)	March 1-2, 15-16
SA1107	Fundamentals of Ayurvedic Herbology & Pharmacy I	April 5-6, 19-20
SA1108	Fundamentals of Ayurvedic Herbology & Pharmacy II (Bhaisajya Kalpana & Dravya Guna Karma)	May 3-4, 17-18
SA1109	Ayurvedic Detoxification (Panchakarma)	June 7-8, 21-22
SA1110	Ayurvedic Psychology (Manas Shastra)	July 5-6, 19-20
SA1111	Preventive Care in Ayurveda III (Swatha Vritta / Yoga)	August 2-3, 16-17
SA1112	Ayurvedic Wellness Solutions & Integration of Practice	September 6-7, 20-21

Trip to India is planned during the month of October of 2025.